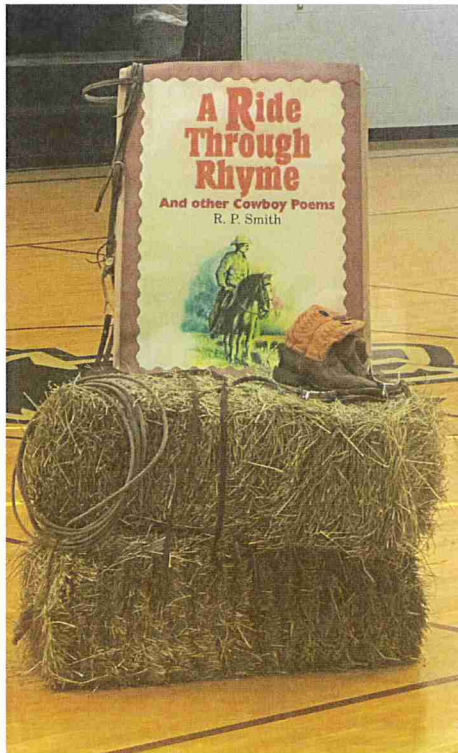


Sargent Public School

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POETRY NITE 2024



Sargent Elementary hosted its first-ever Poetry Nite on the evening of Thursday, April 4th! It was a great opportunity to showcase our students, and help them practice public speaking skills! Hopefully, along the way, many discovered how much fun poetry can be.

In planning for Poetry Nite, each classroom teacher chose a theme for their class presentations. For example: the subject of poetry (ex: nature, pirates, western, etc.), the type of poetry (ex: haiku, free verse, etc.), or one specific poet to highlight. Younger students learned a poem chosen by their teacher, and students in upper elementary were asked to research and then learn a poem. When our audience arrived, students took turns presenting their poems in their classrooms. As a grand finale to the evening, we were thrilled to “Take a Ride Through Rhyme”, with our guest, cowboy poet Mr. R.P. Smith. A big thank you to R.P. for his wonderful presentation and for coming early to hear the students present too. His encouragement of our

program and our youth was greatly appreciated!

The background for our getting together was to host a family enrichment activity as a part of our Title I Family Involvement guidelines. But more importantly, we enjoy seeing the positive interaction and support for our students from their families and our community. It was fun having us all together for our students! As quoted by the U.S. Department of Education, “Raising the next generation is a shared responsibility. When families, communities and schools work together, students are more successful and the entire community benefits.”

No doubt the evening was a great success and our students were excited (and maybe a little nervous) to be able to present to all of those who were able to attend. We hope you watch for more events like this in the future and will continue to take part in supporting our Sargent Elementary students.

-K-6 Title I coordinator, Teresa Young

All library books are due back in the library by May 7
so inventory can be done.



FBLA NEWS

Our FBLA members were very successful at the State Leadership Conference this year! The conference was held in Kearney at the Younes Conference Centers. The members that attended were: Melissa, Cassidy, Arin, Miranda, Marisa, LoReena, Kooper, Carsen, Maci, Hayden, Corbin, Alli, and Kinley. Before and during the conference our members completed projects, took tests, presented, and/or interviewed in person. The conference offered sessions to choose from, state officer campaigning and voting, a keynote speaker, presentations to watch, and awards programs. After the last day of competitions, we got to go to the Cinema 8 Theater, where our members watched Kung Fu Panda 4 or Arthur the King. We earned nine ribbons to wear on our name tags and were excited to earn several prestigious chapter awards: Sweepstakes and the Gold Seal Award of Merit trophy.

Group Project awards:

- Business Ethics (Kooper, Hayden, Carsen)- **2nd place***
- Introduction to Business Presentation (Carsen, Hayden, Kooper) – **3rd place***
- Partnership with Business Project (Melissa, Cassidy) – **3rd place***
- Local Chapter Annual Business Report (Carsen, Kooper) – 6th place
- Data Analysis (Hayden, LoReena) – 7th place
- Graphic Design (Arin, Marisa, Miranda)- Honorable mention

Individual awards:

- All-State Quality Member – Melissa, Cassidy, Carsen, Kooper, Hayden
- Introduction to Business Concepts – Hayden – **1st place***
- MS Career Exploration – Alli – **1st place***
- MS Career Research – Alli – **1st place***
- MS Exploring Computer Science – Corbin – **1st place***
- MS Exploring Technology – Corbin – **1st place***
- MS Marketing Mix Challenge – Corbin– **1st place***
- MS Career Research – Kinley – **2nd place***
- MS Marketing Mix Challenge – Alli– **2nd place***
- MS Multimedia/Web Design – Alli – **2nd place***
- Client Service – LoReena – 4th place
- Electronic Career Portfolio – Cassidy – 4th place
- Introduction to Marketing Concepts - LoReena – 4th place
- MS Digital Citizenship – Corbin – 4th place
- MS Exploring Economics – Alli – 4th place
- Introduction to FBLA – Carsen – 6th place
- Business Plan- Arin– 7th place
- Economics – Hayden – Honorable mention
- Intro to Business Procedures – Carsen – Honorable mention
- Job Interview – Cassidy Grint – Honorable mention
- Job Interview – Melissa Slagle – Honorable mention



The following members qualified for the National Leadership Conference in Orlando, Florida at the end of June: Melissa, Cassidy, Carsen, Kooper, Hayden, Corbin, Alli, and Kinley!!! We are very excited for them and that opportunity! Our FBLA Banquet will be held on Tuesday, April 25th to recognize our members' successes this year and install our officers for the 2024-2025 school year. Have a great summer and consider joining FBLA next year!

Carsen Vincent, Reporter

Back to school

GET UP-TO-DATE ON SCHOOL REQUIRED IMMUNIZATIONS

Loup Basin Public Health Department offers all vaccinations required for Pre-K, Kindergarten, 7th grade, and 16-18-year-olds.

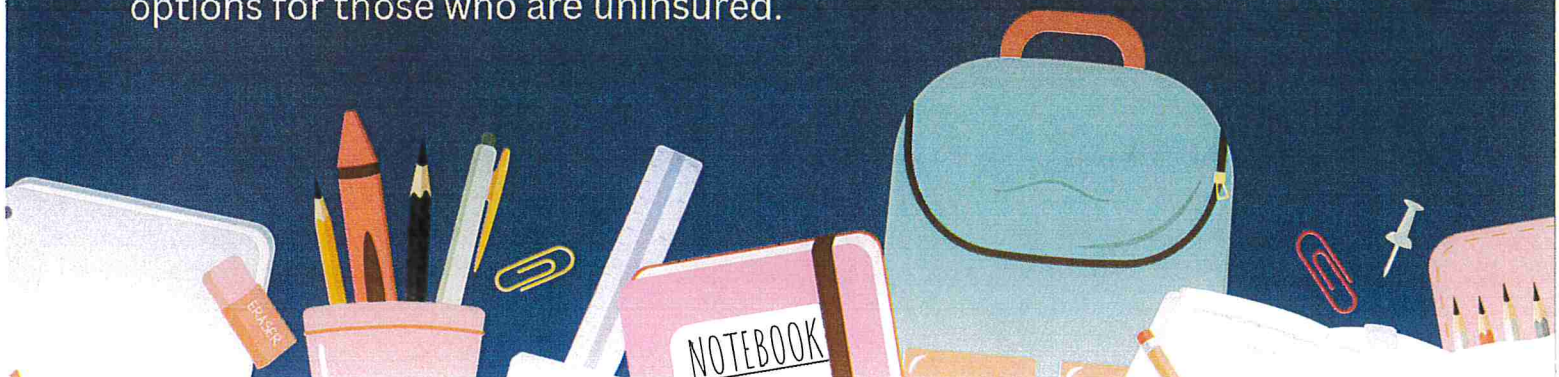
Sargent Public School
Friday, May 10, 2024
10:00 am - 12:00 pm



Loup Basin
PUBLIC HEALTH DEPARTMENT

We accept all major health insurance, including Medicaid and Medicare, as well as options for those who are uninsured.

Call LBPHD with questions
308-346-5795





APRIL LBPBPHD newsletter

Colorectal Cancer Screening Kits - Water Test Kits - School Immunization Schedule - Healthy Families - 2024 Health Fair

WE'RE SO EXCITED!

LBPHD is excited to help our district fight against a preventable disease, colorectal cancer! LBPHD now offers free colorectal cancer screening kits for those who are aged 45-75. To receive a kit, scan the QR code to fill out the survey:



People with colon cancer may feel completely healthy.



There may be subtle signs and symptoms if a person has colon cancer including fatigue, weakness, weight loss, abdominal pain, and rectal bleeding. However, many people with colon cancer have no symptoms at all, especially in the early stages. This is why screening for colon cancer is extremely important.

Water Testing

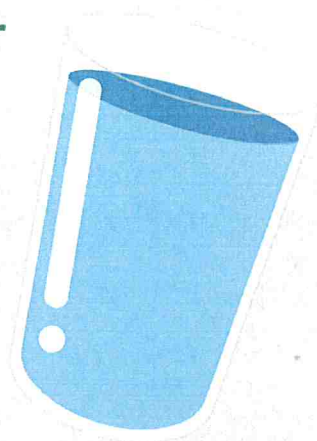
Do you have your own well?

-20% of Nebraska's population depends on private wells for drinking water.

-15% of private water supplies are contaminated with coliform bacteria, have elevated nitrate levels, or both!

What should you test your water for?

- Coliform
- E-coli
- Nitrates



Get a test kit at LBPHD today!

Upcoming School Immunization Clinics

APRIL

17th - Wheeler Central Public School (Bartlett) 8:00-10:00 A.M.

18th - Loup County Public School (Taylor) 9:30-11:00 A.M.

29th - Anselmo-Merna Public School (Merna) 10:00 A.M.- 12:00 P.M.

MAY

3rd - North Park Elementary (Broken Bow) 9:00 A.M.-2:00 P.M.

8th - Ord Preschool 9:00-11:00 A.M./High School 12:00-2:00 P.M.

10th - Sargent Public School 10:00 A.M.-12:00 P.M.

APPOINTMENTS ARE PREFERRED

Healthy Families America - Loup Basin

There is no one-size-fits-all approach to supporting families, our focus on the relationship between the parent/caregiver and child means that we approach each family in a uniquely supportive way.



To sign up for our free voluntary home visitation program at LBPHD, scan the QR code!

minimization



Benefits of our HFA program:

- | | |
|----------------------------------|------------------|
| Child Development Resources | Prenatal Support |
| Maternal and Child Healthcare | Trusted Support |
| Referrals to Community Resources | Baby Bucks Store |

**BEEP
BEEP!**

TARGET CAR SEAT TRADE-IN EVENT

Starting 4/14 - ending 4/27!

Event at Target store locations.



2024 Health Fair Recap

A BIG thank you to our wonderful sponsors

★ Hamilton Telecommunications

★ Rowse Rakes

★ WADAS INC.



LBPHD extends appreciation to our vendors who helped contribute to the success of our 2024 Health Fair and enrich the community experience! We also express gratitude to all attendees who joined us for our health fair. LBPHD is proud to promote "**Healthier People, Healthier Communities, and Healthier Tomorrows**" within our district. With an excellent turnout, we eagerly anticipate next year's event!

Helping Children Learn®

ELEMENTARY SCHOOL

Tips Families Can Use to Help Children Do Better in School

Title I-Educational Service Unit 10



May 2024

Regular attendance gives your child a boost—now and later

The end of the school year is approaching, but it isn't here yet. Attending school in these final weeks is essential. Being in class every day ensures that your child won't miss key learning opportunities. And it sets your student up for success in the future.



Here are four reasons to prioritize attendance through the last day:

- 1. There is still lots to learn.** Teachers are still planning lessons and teaching new content. Arriving at school on time each day will help your child meet this year's learning goals.
- 2. Teachers often plan group projects** for the end of the year. In addition to academic content, these projects help students learn collaboration, problem solving and responsibility—which improve school performance.
- 3. Studies show that students** who miss just 10 percent of the school year in the early grades are still behind their peers when they reach high school.
- 4. Your child is establishing habits** that affect academic achievement. When you insist on regular attendance, your elementary schooler is more likely to accept that getting up and ready for school is a non-negotiable part of daily life.

Source: H. Chang and others, "Rising Tide of Chronic Absence Challenges Schools," AttendanceWorks.



Experiment with science outdoors

Learning science outside is linked with better grades and more scientific knowledge, a recent study shows. While the research suggests the effects are greater for girls, doing experiments outside benefits *all* children.

- Try these activities with your child:
- Conduct an animal inventory.** Have your child use string to mark off one square foot of grass and observe the animals inside. Your child can draw and label spiders, beetles, worms, etc. Try this in various times and places. Does your child observe different animals after it rains or near a stream? In the morning or at night?
 - Compare shadows.** On a sunny morning, take turns measuring each other's shadows. Write down the results. Repeat the activity at noon and before sunset. Your child will see that shadows are shorter at noon, when the sun is higher in the sky.

Source: K.T. Stevenson and others, "How outdoor science education can help girls stay engaged with science," *International Journal of Science Education*, Taylor and Francis Ltd.

Use the 85-15 rule to teach

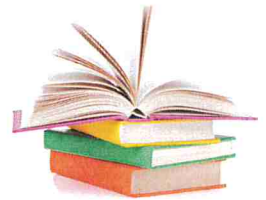
Discipline should teach children how to behave well. But too often, adults think it is about punishing misbehavior. To teach with discipline, remember the 85-15 rule. Focus:

- 85 percent** of your discipline efforts on explaining and encouraging the behavior you *want* to see.
- 15 percent** on correcting misbehavior. Set rules and consequences in advance, then enforce them consistently.

Unplug reading benefits

Reading is beneficial, whether your child reads in print or online. But studies show that some benefits are greater from reading a printed book.

Readers scrolling through digital media are more likely to skim than read for meaning. But when students read from paper books, the page doesn't move. Readers can take their time and turn back to refer to things they've just read. They are more likely to understand the reading, remember it in sequence, and recall more details.



Source: B. Hoffman, Ph.D., "Digital Versus Print: Which Mode Is Better for Learning?" *Psychology Today*.

Plan for a learning summer

Banish boredom this summer by planning a few local family field trips. Consider going to educational places such as:

- A train station,** airport or marina. What's involved in making that kind of transportation run?
- An arboretum.** Have your child bring a camera or sketchbook to record different trees. Look them up later.
- A historic site.** Before going, read about that era in history.





Commit to habits that keep kids healthy and learning

Healthy habits can have a lasting impact on your child's health and performance in school. Support your elementary schooler by making a year-round family commitment to:

- **Stay physically active.**
- **Eat healthy foods.**
- **Drink plenty of water.**

It's also important to take your child for regular medical checkups. Talk to the pediatrician about summer safety, vision, hearing and other health topics. Then, update your child's school medical records.

Get a jump on summer with fun writing prompts

Is your child dreaming of a summer of fun? Have your student put ideas about summer in writing. Here are some prompts to get the ball rolling:



- **When do you think** summer begins? Is it a date on a calendar, a hot day or ... ?
- **What's your favorite** summer memory?
- **Is summer awesome** or awful or both? Why?

Source: C. Dunmire, "Summer Writing Prompts," Creativity Portal.

Discuss progress and plans

At the end of every school year, sit down with your student and talk about how it went. Talk about:

- **Accomplishments.** What is your child proud of? What was challenging?
- **Progress.** Look over schoolwork you've saved and point out how much your child has learned.

Then, help your child figure out changes to make for more success next year.

Helping Children Learn®

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Q&A Can I get my child out of trouble at school?

Q: The school called to tell me my fourth grader shoved a classmate to the ground. My child is going to be suspended for a day. I know it's school policy, but my child says the other student started it by yelling insults. Should I try to change this decision?

A: Your child may have been provoked, but physical fighting is never an appropriate reaction in school. Elementary schoolers need to learn that they are responsible for their actions and poor choices have consequences. To help your child learn a lesson from this one:



- **Discuss the incident** with your child. Does your student admit to pushing the other student? Admitting the truth after a mistake is the first step in accountability. Explain that pushing people is never acceptable—even if they call your child names.
- **Talk about better ways to react.** Your child could have ignored the other student, told them to stop or walked away, for example.
- **Encourage your child to tell** an adult when taunting and aggressive speech is happening at school. If your child won't, then you should. The school needs to be aware of this behavior in order to address it.
- **Let your child experience** the consequence of shoving. On the day of the suspension, your student can spend school hours studying or reading.

Parent Quiz

Are you teaching your child to plan time?

Time management skills become more important when students are working to finish end-of-the-year projects and assignments. Are you helping your child use time wisely? Answer *yes* or *no* to the questions below:

- ___ **1. Do you ask** your child to record due dates and test dates on a calendar?
- ___ **5. Do you review** the schedule each day with your child?

- ___ **2. Do you help** your child break big assignments down into smaller parts?

- ___ **3. Do you work** with your child each week to schedule time for studying and completing tasks?

- ___ **4. Do you make sure** that your child has plenty of time each day for reading, exercise, family time and sleep in addition to schoolwork?

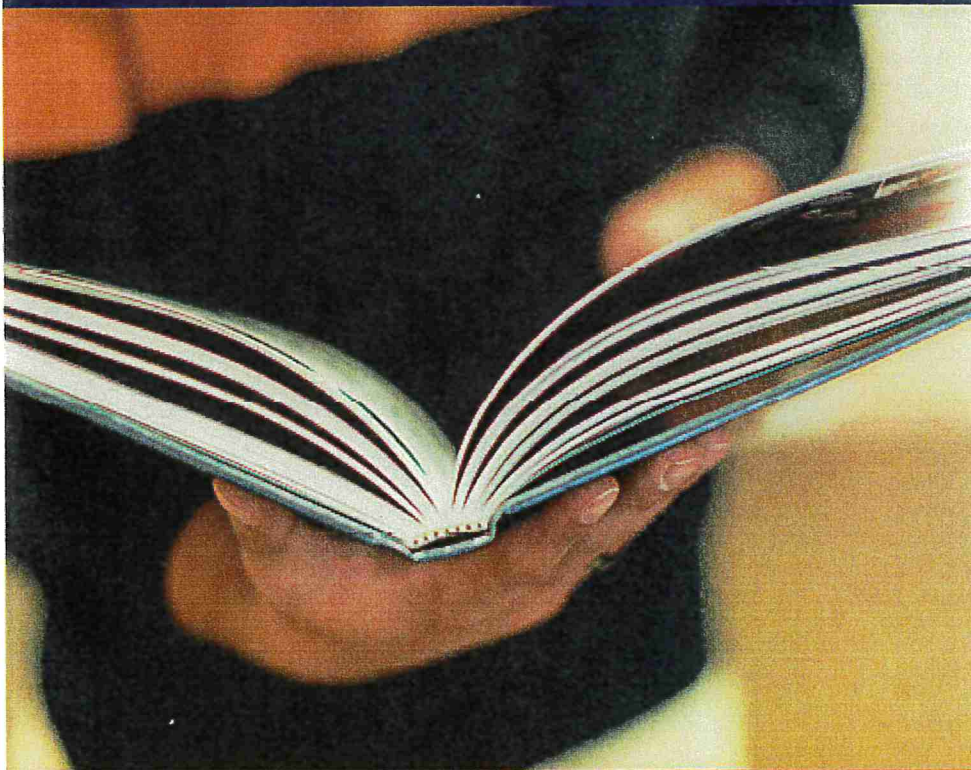
How well are you doing?

More yes answers mean you are building your child's time-management skills. For each no, try that idea.

"This time, like all times, is a very good one, if we but know what to do with it."

—Ralph Waldo Emerson

LAST CHANCE TO ORDER A YEARBOOK



ORDER NOW

Jostens[®]



SAVE THE DATE

Sargent Public School
JH and HS Honors Banquet

May 6 at 7:00 pm

NO POT LUCK THIS YEAR

Cookies and drinks will be
provided by the school



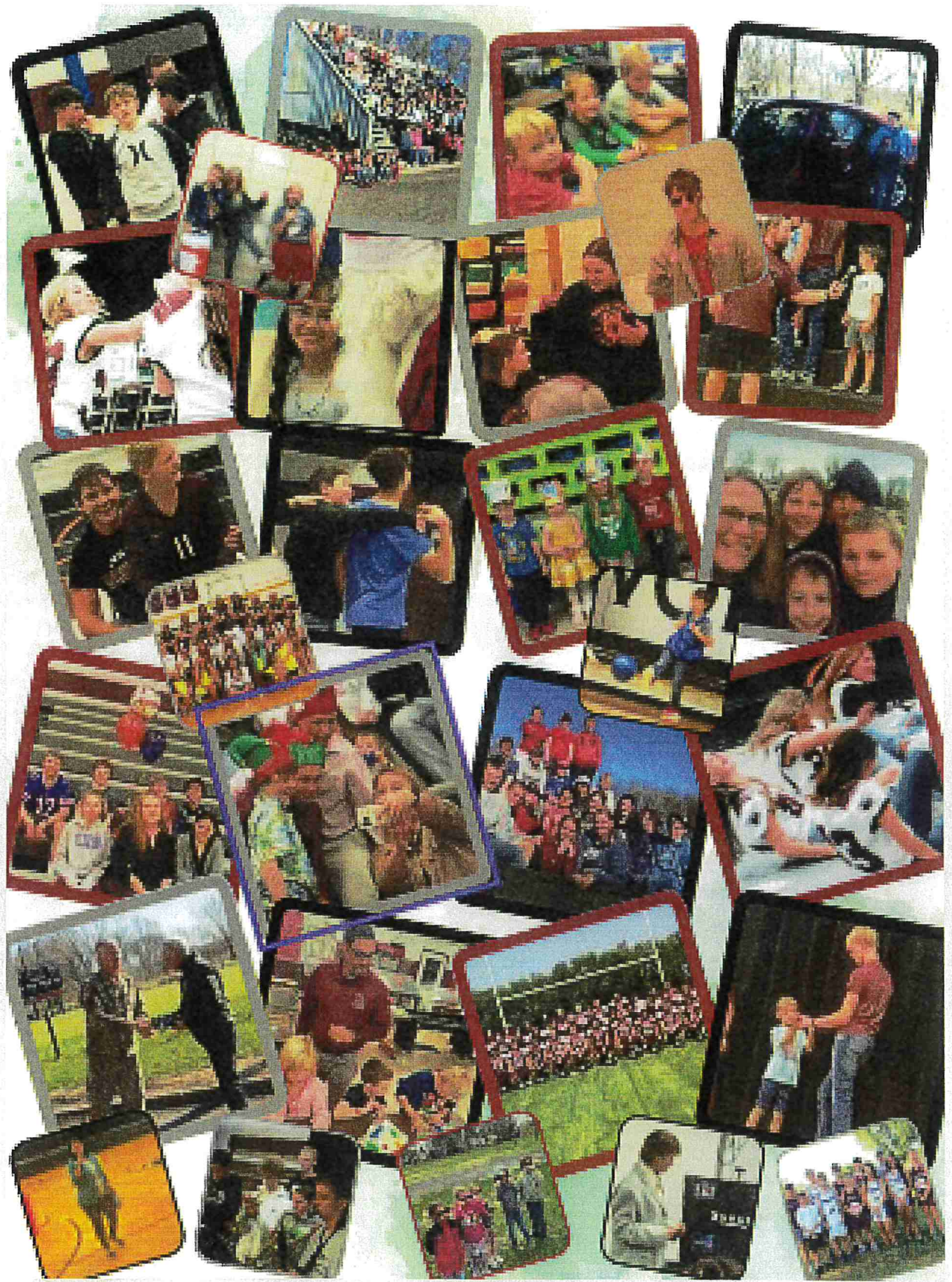
SAVE THE DATE

Twin Loup Athletic Banquet
May 13 at 6:30 pm in Sargent

POT LUCK SUPPER

and

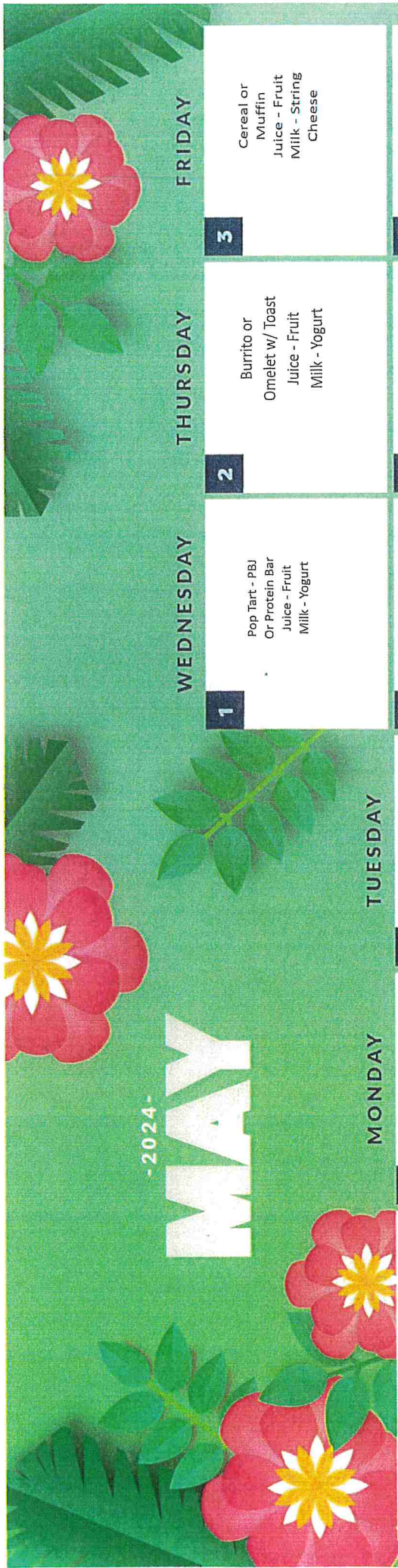
AWARDS CEREMONY



Thanks for all the fun memories this year.

**Have a fun and safe summer from the
newsletter staff: Christina Lewellyn,
Jax Williams, and Jeimy Gomez.**





-2024-
MAY

FRIDAY

THURSDAY

WEDNESDAY

TUESDAY

MONDAY

3

2

1

10

9

8

7

6

17

16

15

14

13

24

23

22

21

20

31

30

29

28

27

Cereal or
Muffin
Juice - Fruit
Milk - String
Cheese

Burrito or
Omelet w/ Toast
Juice - Fruit
Milk - Yogurt

Pop Tart - PBJ
Or Protein Bar
Juice - Fruit
Milk - Yogurt

Cereal or
Muffin
Juice - Fruit
Milk - String
Cheese

Flatbread Sandwich
Omelet w/ Toast
Juice - Fruit
Milk - Yogurt

Pop Tarts - PBJ
Or Protein Ball
Juice - Fruit
Milk - Yogurt

French Toast
Egg or Sausage
Juice - Fruit
Milk - Yogurt

Cereal
Or Pancakes
Juice - Fruit
Milk - Yogurt

Juice - Fruit
Milk - Yogurt

Pop Tart - PBJ
Or Protein ball
Juice - Fruit
Milk - String
Cheese

Long John
Or Cereal
Juice - Fruit
Milk - Yogurt

Cereal or
Pancake
Juice - Fruit
Milk - String
Cheese

**BREAKFAST
MENU**

Menu is subject to change.

This institution is an equal opportunity provider.

- 2024 -

MAY

MONDAY

6
 Pizza
 Green Beans
 Fruit Cup
 String Cheese
 Milk

13
 Chicken Nuggets
 Corn
 Fruit Cup
 Dinner Roll
 Milk

20

27

TUESDAY

7
 Meatloaf
 Cheesy Potatoes
 Fruit Cup/Apple Crisp
 Dinner Roll
 Milk

14
 Macho Nachos
 Green Beans
 Fruit Cup/Banana
 Cake
 Dinner Roll
 Milk

21

28

WEDNESDAY

1
 Spaghetti w/Meat
 Sauce
 Corn
 Fruit Cup
 Bread Stix
 Milk

8
 Chicken or Burrito
 Corn
 Fruit Cup
 Cookie or Dinner Roll
 Milk

15
 Hotdog & Hamburger
 Chips
 Fruit Cup
 Cookie
 Milk

22

29

THURSDAY

2
 Tater Tot Casserole or
 Mac & Cheese
 Mixed Vegetables
 Fruit Cup
 Dinner Roll
 Milk

9
 Chili Cheese Fries
 Or Stuffed Potato
 Fruit Cup
 Dinner Roll
 Milk

16
 BREAKFAST ONLY
 11:30 Dismissal

23

30

FRIDAY

3
 Hot Ham & Cheese
 Chips
 Baked Beans
 Fruit Cup
 Milk

10
 Chicken Sandwich
 Chips
 Baked Beans
 Fruit Cup
 Milk

17

24

31

LUNCH MENU

Menu is subject to
 change.
 Salad bar available everyday.

This institution is an equal
 opportunity provider.

May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10am JH Track Invite @Arnold	2 2pm HS Track Invite @Centura	3	4
5	6	7	8 Track Districts @Fullerton	9	10 10am Kindergarten and Preschool Roundup	11 6pm Graduation
12	13	14	15 Elementary Field Day	16 Last Day of Classes 11:30am Dismissal	17 State Track Meet	18 State Track Meet
19	20	21	22	23	24	25
26	27	28	29	30	31	